



Véronique is living in Ontario with a coarctation of the aorta. Her CHD was diagnosed when she was 21 years old, and treated with a balloon angioplasty and the placement of a stent.

“My biggest advice would be to know your body and ask questions. My doctor heard a murmur when I was 16 but the echocardiogram came back with no findings. Fast forward five years I commented to my family doctor that my heart beat fast when I lay down and I had higher than expected blood pressure so my family doctor sent me to the cardiologist across the hall. A very observant and curious technician identified a difference in flow above and below my heart and notified the cardiologist of my coarctation. This was almost an incidental finding but ended up being life changing.”



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