



## CHD and COVID 19 information and resources

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The World Health Organization officially declared COVID-19 a global pandemic on March 11, 2020 with Canada and provinces putting lockdowns in place shortly thereafter. There has been a lot of chaos, confusion and misinformation over the 9+ weeks.

As provinces begin to ease restrictions for the COVID-19 pandemic, it's important to be aware that children and adults living with congenital heart disease (CHD) may be at higher risk for more severe symptoms and complications.

Canadian Congenital Heart Alliance has created a COVID-19 and CHD tips page. For important informations, Q&A, resources and links to reliable and trusted organizations on how to best manage their health and stay safe during this unprecedented global pandemic, visit <https://www.cchaforlife.org/covid-19-chd-information>

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