

Heart Month Campaign

News jennifer February 1, 2022



Happy Heart Month 2022 from the Canadian Congenital Heart Alliance (CCHA)!

This year our Heart Month campaign focuses on the number four - 4 chambers in the heart; 4 weeks in February; 4 values in our mission. We advocate for and enrich the lives of people with congenital heart disease (CHD) through awareness, education, research and support. And this month, we've got a line-up of engaging events and campaigns 4 you!

This month we will make announcements, introduce #hastag challenges, launch new resources, and host family activities and more. Stay tuned to see how we have #CanadaLitRed4CHD to raise awareness for CHD Awareness week, which runs from February 7 to 14!

We hosted our first Game Night on Thursday Feb 10 at 7pm ET. Thanks to Sanjna, Abhi and Abu for organizing a fun filled event.

Our next family activity will be held Saturday Feb 19. Stay tuned for more details.

Check back here for the latest news, or follow CCHA on Facebook, Twitter and Instagram @cchaforlife. Be sure to like, share and comment on our posts, so you can help raise awareness for CHD too!

We are also launching a Heart Month Fundraising campaign to raise \$4,000 to invest in technology upgrades - take a a sneak peak at our new website redesign https://www.cchaforlife.org/news/fundraiser-technology



Any and all support is greatly appreciated.

We look forward to seeing you all month long. Thank you for being a part of our community and our mission.

Tags:

#1in100 #Canada heart heart disease #heart CHD #CHDAwarenessWeek #CHDAwareness Heart Month #CHD