



Personal Stories

Read our stories of strength, perseverance and hope living with CHD

Nathalie Lacoste-Hofmann's story (CHD and heart transplant story) (CCHA board member) (article written by Robin Roberts for CHD Awareness Week) <https://www.healththing.ca/diseases-and-conditions/heart-health/what-it-fe...>

Lisa Wright and her daughter Rachael's story (Pulmonary Stenosis) (Lisa leads our Hearts of London/Middlesex chapter) (article written by Robin Roberts for CHD Awareness Week) <https://www.healththing.ca/diseases-and-conditions/heart-health/how-i-care...>

Jennifer Mulder's story (Tetralogy of Fallot (ToF) with pulmonary artery atresia (ToF-PA)) (Jen is the former lead of CCHA's Eastern Ontario chapter and member of Beat Retreat organizing committee) (article written by Robin Roberts for CHD Awareness Week) <https://www.healththing.ca/diseases-and-conditions/heart-health/what-it-fe...>


Our **Faces of CHD** campaign from 2019 Heart Month <https://www.cchaforlife.org/news/faces-of-chd>

Jackson's story (Permanent Junctional Reciprocating Tachycardia (PJRT))  [Download Jackson_ON.pdf](#) (320.27 KB)


Véronique's story (coarctation of the aorta)  [Download Veronique_ON.pdf](#) (236.71 KB)

Priyanka and Bren's story (children of a parent with coarctation of the aorta and aortic stenosis)  [Download Priyanka and Bren_ON.pdf](#) (256.72 KB)

Meaghan's story (Tetralogy of Fallot)  [Download Meghan_AB.pdf](#) (216.7 KB)

Alex's story (Mitral Valve Regurgitation and Chronic Atrial Tachyarrhythmias leading to being fully pacemaker dependent)  [Download Alex_ON.pdf](#) (364.75 KB)

Davita's story (Left single ventricle, single atrium, common AV valve, subpulmonary stenosis, bilateral cava, PDA post Fontan (and situs inversus))  [Download Davita_AB.pdf](#) (490.75 KB)

Maddox's story (coarctation of the aorta and ventricular septal defect (VSD))  [Download Maddox_BC.pdf](#) (155.55 KB)

Andraya's story (tricuspid atresia)  [Download Andraya_AB.pdf](#) (385.3 KB)

Jamie's story (atrioventricular septal defect)  [Download Jamie_ON.pdf](#) (170.29 KB)

[Sarah Trainor, via CBC](#) (parent of CHD child)

[John MacEachern](#) (Discovering cardiac rehab at age 74)

[Joe Bladek](#) (Tetralogy of Fallot)

[Anne-Marie Koeslag](#) (Tricuspid atresia)

[Emily Clarke](#) (Transposition of the great arteries and tetralogy of Fallot)

[Toby Marchegiano](#) (complex congenital heart disease)

[Shelagh Ross](#) (Tetralogy of Fallot)

[Mathew Moreira](#) (Tricuspid atresia)

[Carol Allan](#) (Tetralogy of Fallot)

[Angela Akerman](#) (Complex congenital heart disease)

[Andrea Sager](#) (Tetralogy of Fallot)

[Chatelaine magazine story - Achy Breaky Heart](#) (published April 2013)

Dillon Hendrickson [video](#)

Read our Board members personal stories and why they support CCHA <https://www.cchaforlife.org/news/board-members-show-their-support-ccha>

CCHA shares stories of CHD journeys with the CHD community. However, some of our loved ones are lost too soon, we also want to share an honour their stories. If you would like to include your loved one in our CHD Tribute/Memorial you can share their info here [CHD Tribute/Memorial](#)

We'd love to share your story! If you have a story that you'd like to share, please complete our form here <https://bit.ly/CHDstory> and we will be in touch.

Tags:

[#CHD](#)

[#ACHD](#)

[#CardiopathieCongenitale](#)

[#1in100](#)

[#CHDAwarenessWeek](#)

[#CHDAadvocacy](#)

[#CHDEducation](#)